



Newsletter – July 2026

Welcome to this month's Integrating Community newsletter. We hope you are all keeping well and enjoying the opportunities our community provides to connect, have fun and come together.

Community Updates

World Cup Sweepstake

A huge thank you to everyone who entered our World Cup Sweepstake. Your support means so much to us! We're keeping our fingers crossed for the two teams still left in:



AGM

Thank you to everyone who attended our Annual General Meeting. It was wonderful to see our members and their families there, celebrating the year at Integrating and looking forward to the future. Your involvement makes all the difference! Well done to the Integrating Miracles for their fabulous performance at the AGM!



Intervision Success

Congratulations to everyone who took part in Intervision! We are incredibly proud of all the performers, who stepped into the spotlight and sang their hearts out on the night. A huge well done to our winner! ★ You were amazing!



Upcoming Events

Saturday 18th July – Coffee Morning ☕

📍 All Saints Church, Newton Hall, DH1 5LT

🕒 10:00 am - onwards

Cake, a cuppa and some great company!

Friday 14th August – Bonkers Bingo 🎲

📍 Bede's Lodge, DH1 5HL

🕒 7:00pm – 10:00pm

An evening of fun, laughter and fantastic prizes — don't miss it! Entry is £5 per person.

Saturday 22nd August – inflatable 5k Run

📍 Newcastle Racecourse, NE3 5HP

🕒 12:00pm - onwards

A team of 9 people taking on the inflatable challenge on August 22nd to raise funds for Integrating! Good luck!

Saturday 12th September – Coffee Morning ☕

📍 Parish Centre, Chester le Street, DH3 3QB

🕒 10:00 am – 1pm

Come along for refreshments and catch up with fellow members and their families.

Sunday 13th September – GNR 🏃

Good luck to our team of 17 runners taking part in this year's Great North Run, thank you for representing us — you will be amazing!

! **Keep an eye on our social media for dates and ways to support these fundraising events.**

Celebrating Our Members

We would like to recognise and celebrate the contributions and achievements of our members. If you have any news that you would like to share in future newsletters, email us at info@integrating.org.uk.

Congratulations!

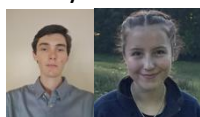
Huge congratulations to **Lauren** on the arrival of her beautiful baby boy Henry! 

We wish Lauren and her family lots of love, happiness and wonderful memories together.



Farewell and best wishes

As **Sam** and **Grace** move on to new opportunities, we want to say a huge thank you for all their hard work and dedication. You will always be a valued part of our team, and we wish you both the very best for the future!



Family Corner



Families play an important role in our community and we are very grateful for your continued involvement and support.

A huge thank you to **Sharon Backhouse** for her incredible generosity and support of Integrating. Sharon bravely had her head shaved to help raise vital funds for our charity, and thanks to her amazing effort, she raised an incredible **£615!**

We are so grateful for her selfless commitment and for helping us move closer to our fundraising target. Thank you, Sharon, you've made a real difference!

If you would like to join our fundraising group, please email info@integrating.org.uk for more information. We would love to hear from you.

Have a Wonderful Summer!

We hope you all enjoy a happy, safe and relaxing summer.

We'd love to see what you've been up to!

Please send us your favourite summer photos from holidays, days out, family fun or special moments—they may even feature in our next newsletter!

See you at our upcoming events!

Thank you for being part of Integrating. We look forward to seeing you at our upcoming events and activities.

Warm regards,

The Integrating Team

